

Motherhealth Loving caregivers

408-854-1883

motherhealth@gmail.com

www.clubalthea.com

We supply trained caregivers to match the needs of your love ones with Alzheimer's, Parkinsons and other health issues.



Ask for free bags for referring a client in the bay area. And free health coaching too.

Who is an ideal caregiver?

In interviewing many senior clients, this is what they have said of their caregivers:

- They are caring, doing above and beyond what they are supposed to do.
- They can prevent many emergencies.
- They would do more observations and can identify any missing care.
- They would ensure that I am comfortable and well taken care of.
- They are calm, reassuring and you feel like you are with your mother.
- They know when I am in pain and would find ways to alleviate my pain.
- They do a lot of tasks including light housekeeping, cook, massage and what ever task I need help from them.
- They love to laugh and find ways to amuse me and play music or read books with me. I love the way they fix my hair and groom me.
- They know what to cook for me and would ensure that I am hydrated and that my medication are given at the right time.
- I am less anxious when they are with me. They treat me like family.

Notice that with the above observations, you can say that loving and caring caregivers are what make seniors feel loved and safe.

A patient and understanding caregiver can bring more peace and care to a client.

We talk to our seniors like they are family and ensure that they get the care they need at the right time with dignity, respect and compassion.

Added skills:

- massage and exercises like range of motion for Parkinson
- gourmet cooking
- knowledge of First Aid and CPR, other nursing care (can be learned, just be trainable)
- knows proper ways of grooming bed-ridden clients
- knows proper way of transferring client from bed to wheelchair and other ways of moving and transport
- knows other nursing care: monitoring glucose levels, monitoring breathing and blood pressure, monitoring normal bowel movement, body temperature, skin and other body biometrics

Email motherhealth@gmail.com for free caregiving training. Text 408-854-1883 for 24-hr response if you need caregiver in the bay area for homebound seniors.

From seniors in care homes and homebound, they love their caregivers in many ways.

“When I wake up in the middle of the night wet, she helps me change my clothes and beddings.”

“She reminds me to take a sip of water when my throat is dry.”

“She observes me regularly if I have a regular bowel, constipated or has a UTI since she is with me 24/7.”

Caregiving is a job for those who treat seniors like their own family. You have to learn the routine of your seniors, what food they like best, what helps them go to sleep and signs that can make their condition worse.

Motherhealth caregivers have been serving the bay area seniors for over 10 years. They are patient and understanding when seniors are not in their best mood. They provide comfort and a constant companion to them. They hone their cooking skills based on their senior clients’s need and health issues. Best of all, they treat them like family.

A caregiver must be able to cook any dish, drive, learn massage, learn other healing ways or home remedies, understand the signs and symptoms when a senior needs hospice care (due to terminal illness or inability to swallow or eat), knows how to monitor for any health changes and care for their seniors clients like their family.

Caregiving can take a toll on the health of the caregiver so that a reliever or another caregiver can take turns in helping the seniors who live at their homes, care homes, nursing homes or other facilities.

Many families can depend on the caregiver for respite care, providing the attention that the seniors need and avoiding emergencies.

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Questions: Assistance in Daily living:

Which service would you want serve by your new caregiver?

- Assistance in grooming and bathing
- Assistance in transferring and movement
- Assistance in cooking and light housekeeping
- Assistance in going to the doctor and driving
- Assistance in medication management, monitoring and ordering
- Assistance in health monitoring
- And more _____

